

OBTAINING A 100% NATURIST PRODUCT FOR TREATMENT OF REUMATISTICAL DISEASES

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ABSTRACT

This article will present a naturally occurring product, based on paraffin, beeswax, peppermint extract, peppermint oil, alcohol and stretch foil, in solid state at ambient temperature, which is liquid-viscous at higher temperature, intended to treat rheumatic diseases affecting the joints, muscles and tendons. *In this paper is also presented the process of obtaining by mixing in certain*

proportions the following natural products paraffin, beeswax, hot pepper extract, peppermint oil and alcohol, but also several images obtained after applying this product on two different areas of human body, applied to two respondents of age and gender. Following these sessions, the two respondents are satisfied with the very good results.

INTRODUCTION

Only two drugs were used in rheumatic diseases 50-100 years ago: aspirin (extracted from willow bark) and colchicine (extracted from autumn). In practice, many allopathic or homeopathic products are known to treat rheumatic diseases, for example Rhus Tox 5CH; Bryonia 5CH, Apis 5CH, to be administered to each individual, being studied from the point of view of its constitution, of the genetic heritage. It is disadvantageous to have contraindications to use, affecting other organs, heart, kidneys, lungs and sometimes the skin has and has a relatively high cost. Medicago Sativa juices are also noted for medicinal products, which due to the active principles can improve a wide

range of diseases (Pandia Olimpia, Saracin Ion, 2015).

Rheumatism is a disease that occurs in the locomotor system and conjugated tissue and can be treated by focusing on natural medicine.

For the treatment of rheumatic pain, various plants of spontaneous flora or aromatic plants may be used which, in combination with other constituents, can make different creams, essential oils, emulsions, and teas that are easy to obtain (www.magazine-natural-treatments).

There may be very few countries in the world who can boast of such a great wealth of medicinal plants. Also on many drugs it was sought with the help of various chemicals to reproduce in the

laboratory some of the active principles of the plants. Indeed, many times or many times this has succeeded with more or less success. Instead, to show that the herbs are valuable for thousands of years and will be valuable no matter how complex the medicine will be, the plant remains and will continue to heal over hundreds of years and many synthetic drugs will be long ago forgotten (Eugen Giurgiu).

Natural therapy using simple and inexpensive curative means available to anyone who is easily prepared in the household is the future (Fănică - Voinea Ene, 2009).

Alternative success stories for diseases that traditional medicine has declared incurable, the so-called "diseases of civilization." Osteoporosis means calcium deficiency in the bones, according to

traditional medicine, is an incurable disease with a genetic component. is based on successful disease treatments performed by well-known naturopaths around the world (Mikhail Tombak, 2011). Dr. Maoshing Ni combines the wisdom of thousands of years of Oriental tradition with the outstanding yield of medicine and Western nutritional science. In order to be healthy, it is not enough to have a healthy body, but we must lead a balanced life and the fact that food and herbs are all essential elements for good vitality and sustainable health (Maoshing Ni, 2011). Capsaicin obtained in the house in combination with products made from maize applied on a cream basis gave positive results in relieving rheumatic pain (Pandia Olimpia, et al., 2016).

MATERIAL AND METHOD

Experiments were performed on two people aged 73 years and 27 years of age with different sexes who had rheumatic pain and which, after applying the product we obtained in our own household, the results were very good.

The product obtained consists of natural products such as paraffin, beeswax, peppermint extract, mint oil and alcohol 700 wrapped in stretch foil.

To obtain the 100% natural product, it was intended that all products used were natural, known to relieve rheumatism and muscle pain.

Thus, to obtain 1000 grams of finished product, we used:

- paraffin - 760 grams in a warm state, applied to all joints or places that have pain in the thin layer for 20-30 minutes, where the heat is transmitted slowly to the body.

- beeswax, 100 grams, 100% natural product. It is an organic substance that is in the liquid state at the time of bees' secretion and solidifies in direct contact with the air.

It is whiteish-yellowish color, it is soft and sticky with pleasant smell. It is obtained

directly from the hive. It becomes soluble at 52 ° C.

The composition contains 80% carbon, 13% hydrogen and 7% oxygen. From a chemical point of view, beeswax includes: fatty acid esters, cholesterol esters, free acid acids, hydrocarbons, free alcohols, and humidity and impurities in a very small proportion of 1-2%. In therapy it has skin repair and molding, emollient and protective action.

- 100% natural chilli pepper, 100% natural, Capsaicin or pomegranate, helps to reduce chronic rheumatic pain and becomes soluble at temperatures above 52°C.

Can be obtained in the household by using hot chilli peppers that have been previously cut into small and dry pieces. After drying, the product is placed in a glass jar over which 100 ml of 700 ml of alcohol is poured hermetically and allowed to soak for 14 days.

During this period the vessel is shaken and at the end the preparation is filtered. The chemical composition consists of capsaicid, carotenoid pigments, proteins, vitamin A, C and volatile oils.

- mint Oil 40 ml, naturally 100%. Peppermint oil is used in our preparation for its refreshing role, thus reducing the sensation of fatigue on the skin.

It is obtained in the household by the use of peppermint leaves mixed with olive oil, which by boiling make this preparation mixed with alcohol.

How to prepare

The 760 grams of paraffin are put in a enamel that is poured into another, boiling water and mixing until the solid paraffin becomes liquid (560 ° C).

Add 100 grams of beeswax in liquid state (520 ° C) and mix until homogeneous. Remove the kettle from the mixture with hot water and add the 100 ml of chilli pepper extract and 40 ml of alcoholic peppermint oil and mix until the homogenisation is achieved.

The composition is poured in a layer of 0.5-1 cm thick, in a stainless steel tray covered with waxed paper, thus resulting in paraffin strips.

RESULTS AND DISCUSSIONS

As it is known, paraffin has a good effect on muscle spasms, which calms pain and inflammation and improves blood circulation with analgesic effect. Besides rheumatic actions, it can be used for resorption of hematomas, bursitis, thrombophlebitis.

The melting point of paraffin is 55-56°C and contains a small amount of 2% oil.

The mixture of paraffin, beeswax, alcoholic peppermint oil and capsaicin extract gave favorable results following application of this product.



Source: The authors

Figure 1. Capsaicin and peppermint oil are made by curing

Recommendation for use

Allow the composition to cool to the temperature of the body. Apply to the painful place that is wrapped with stretch foil and covered with a blanket to let the warm temperature flow slowly to the sick place.

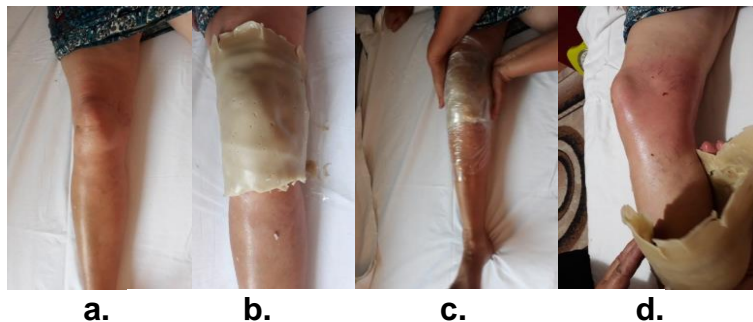
The time is 20-60 minutes and varies from one person to another depending on how much the capsaicin can handle,

which doubles the desired beneficial effect through the properties it has.

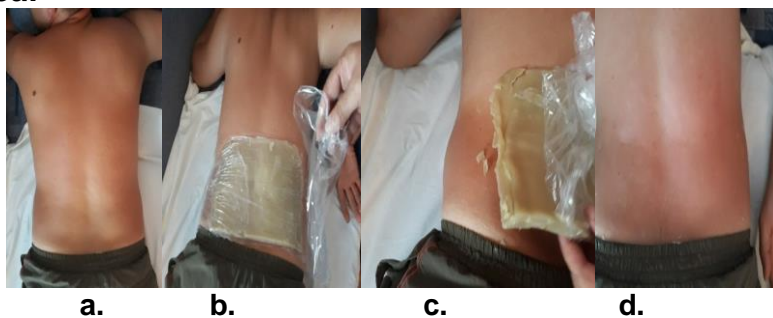
It can be reused more than 30 times depending on how to use and recover the material.

Positive results are also obtained by treating areas of the body (hands, foot, elbow, etc.) that can be sunk into the container with the mixture still in liquid but at an acceptable temperature for the body.

At the knee:



In the lumbar area:



Source: The authors

Figure 2. How to apply the product to the knee and the lumbar area

a - the appearance of the knee before application;

b - covering the painful part with the product we abstain from;

c - stretching the knee with stretch foil;

d - the result obtained after the removal of our product.

CONCLUSIONS

The technical problem solved by this product is 100% natural, and it results from testing that it is effective, contraindicated, easy to administer, prepared in the home and can be re-used after several applications by heating.

The storage mode is important, ie at low temperatures and without light sources. This preparation has a relatively low cost, but with the immediate calming effect of muscle pain, and lasting for about 10-14 days, it can even lead to healing.

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