

PHYSIOLOGICAL CHARACTERISTICS OF THE SPECIES *RUSCUS ACULEATUS* L. ADAPTED TO THE CLIMATIC CONDITIONS OF THE SOUTH-WEST AREA OF THE OLTENIA REGION-ROMANIA

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ABSTRACT

Ruscus aculeatus L. is a protected species represented by significant populations in the the southwest area of the Oltenia region.

The studies carried out in Mehedinți County, within the forests of Corcova locality, were conducted between July and September 2023, during a period characterised by minimal precipitation. In these conditions, *Ruscus aculeatus* plants were notably unaffected, with chlorophyll levels remaining relatively stable.

The values of photosynthesis intensity remained constant during the determinations and were not influenced by the water regime. While these values may be considered low compared to other species, they are correlated with stomatal conductance and transpiration intensity.

Despite the general intolerance of most shade plants to dry soil, *Ruscus aculeatus* demonstrates an exceptional ability to adapt to both shade conditions and severe drought.

Key words: *photosynthesis, chlorophyll, water, drought*

INTRODUCTION

Ruscus aculeatus is a rhizomatous geophyte and grows primarily in the temperate biome. Native to: Albania, Algeria, Azores, Balears, Bulgaria, Canary Is., Corse, Cyprus, East Aegean Is., France, Great Britain, Greece, Hungary, Italy, Lebanon-Syria, Libya, Morocco, North Caucasus, Palestine, Portugal, Romania, Sardegna, Sicilia, Spain, Switzerland, Transcaucasus, Tunisia, Turkey, Serbia.

<https://powo.science.kew.org/taxon/urn:lsid:ipni.org:names:540443-1>

In Europe, *Ruscus aculeatus* L. is most widespread around the Mediterranean. Northwards it is found in southern and western Switzerland and northern France, across into the Azores, reaching its northern European limits between 50 and

55° N (Preston, 2007 cited by Peter A. , Tarek A. Mukassabi (2014)(figure 1).

In Romania, *Ruscus aculeatus* L. grows sporadically in the forest-steppe area, forests, thickets of forest and is a mesotrophic-eutrophic, xeromesophilic, mesophilic, thermophilic, subthermophilic, sciaphilic species, being identified in the counties of Bihor, Caraș Severin, Mehedinți, Dolj, Giurgiu, Constanța, Tulcea, Bacău (Ciocîrlan, V., 1990).

Butcher's broom, is an evergreen shrub in the *Asparagaceae* family. The plant grows well in partial or lightly shaded sites, but will tolerate full shade, in a range of soil types, and in average well-drained soil. It is hardy and tolerates drought, heat, and salt. Plants have a slowly creeping rootstock and will form large clumps. The flowers are followed by bright, waxy, red berries that last from late summer into the

winter.

<https://plants.ces.ncsu.edu/plants/ruscus-aculeatus/>

The English name - Butcher's Broom - derives from the use by the European butchers of the stems to clean their cutting board not only because of their stiffness and solidity, but also because of the essential oil which was credited with antibacterial properties. *Ruscus aculeatus* is a small, clump-forming shrub with erect shoots bearing stiff, ovate, leaf-like phylloclade. Tiny green flowers appear in late winter and spring on the phylloclade. Both root and stem are used in preparations. According European Pharmacopoeia VIII (2014), the herbal substance (Rusci rhizoma) consists of the dried, whole or fragmented underground parts of *Ruscus aculeatus* L containing not less than 1.0 per cent of total sapogenins expressed as ruscogenins (mixture of neoruscogenin and ruscogenin).

https://www.ema.europa.eu/en/documents/herbal-report/draft-assessment-report-ruscus-aculeatus-l-rhizome-revision-1_en.pdf

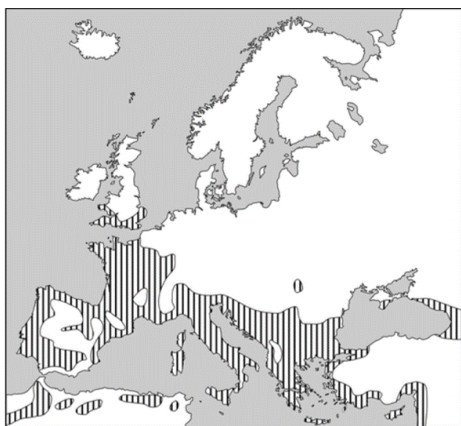


Figure 1. The European distribution of *Ruscus aculeatus*, modified from de Bolòs and Vigo (2001) cited by Peter A. Thomas, Tarek A. Mukassabi (2014)

<https://besjournals.onlinelibrary.wiley.com/doi/full/10.1111/1365-2745.12265>

The HPLC-MS/MS tests performed on plants from the hills of Lipova (Romania) showed that the highest concentration of

sapogenin is present in the rhizome samples (0.11% ruscogenin and 0.17% neoruscogenin), and among the culture samples of tissue in vitro the highest concentration of sapogenin is present in shoots (0.017% ruscogenin and 0.075% neoruscogenin). On the other hand, all samples contain more neoruscogenin than ruscogenin (G Balica et al 2007).

Ruscogenin was the main constituent in the extract of *Ruscus aculeatus*. The contents of ruscogenin in the underground and the aerial parts of *R. aculeatus* varied between 0.02-0.12 and 0.03-0.05 %, respectively. In general, ruscogenin contents of underground parts is higher than in the aerial parts (Tansi S. et al, 2009).

Despite its comparative rarity, *Ruscus aculeatus* has a long and diverse history of usage in Europe. Extensive usage, particularly medicinal, is putting pressure on populations, especially in eastern Europe due to excessive harvesting of the roots and rhizomes (Marossy 2006). In Turkey, Coşkun et al. (2006) reported an average annual export of 900 t of dried, cleaned roots (equivalent to 4500 t fresh mass). In sandy areas, where digging machinery could be used, they noted losses of whole populations, although in stony areas, where collecting was done using hand tools, the populations, although reduced, were still extant. But it should be noted that some uses have encouraged the planting and conservation of the species, especially as an ornamental plant across Europe (Banciu, Mitoi, Brezeanu, 2009).

Across Europe, *R. aculeatus* is given some protection as a rare and endangered species by the Habitats Directive, listed in Annex V (plant species of community interest whose taking in the wild and exploitation may be subject to management measures). A number of eastern European countries, where harvesting is more intense, have put specific conservation measures in place. In Bulgaria, harvesting is under legal

control and in Romania *R. aculeatus* is protected by law as a 'monument of nature' (Marossy 2006; Banciu, Aiftimie-Păunescu 2012). Climate change and invasive species may be detrimental to *R. aculeatus* (Vicente et al. 2011) in the future, but there is currently little threat to this species and it is listed as of 'least concern' by IUCN -2011 (Peter A. Thomas, Tarek A. Mukassabi (2014).

MATERIALS AND METHODS

The determinations were made in 2023 in the months of July, August and September, in a period characterized by insignificant amounts of precipitation and very high temperatures (figure 2-4).

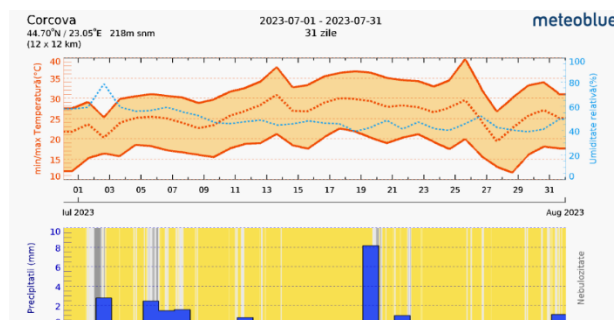


Figure 2. July 2023 - climatic conditions in Corcova

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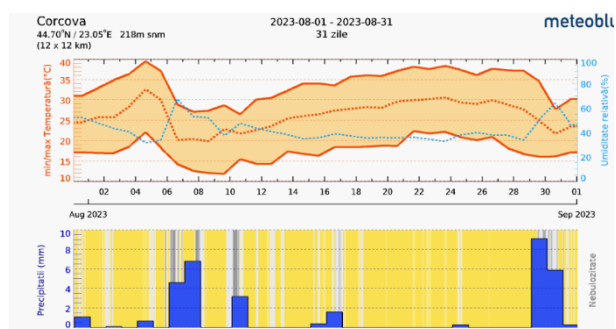


Figure 3. August 2023 - climatic conditions in Corcova

https://www.meteoblue.com/ro/vreme/historyclimate/weatherarchive/corcova_rom%20c3%a2nia_680841?fcstlength=1m&year=2023&month=8

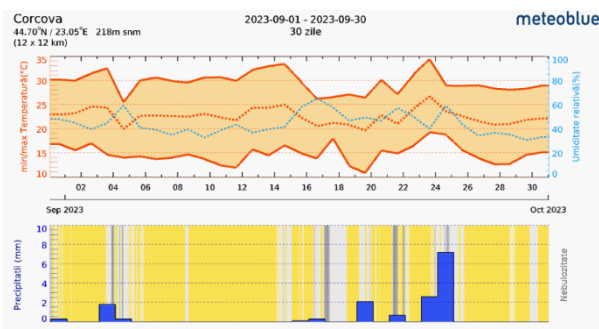


Figure 4. September 2023- climatic conditions in Corcova

The determinations were made on plants growing in the beech forest, on the border with the oak, on steep, eroded slopes, where the soil cannot retain water.

Ruscus aculeatus L. (Asparagaceae) is an evergreen, woody monocotyledonous shrub with modified photosynthetic stems (phylloclades) that grows in dry, shady forest areas. The combined drought and shade tolerance of *Ruscus* species has aroused the interest of scientists, as shade plants are normally very sensitive to drought.

Ruscus aculeatus L. is cited in the Oltenia region of Romania by Roman N. (1974), Beldie Al. (1979), Boșcaiu and others (1994), Ciocîrlan, V. (2000, 2009), Donita N. and others (2005), Costache, I. (2011). Interesting studies have been carried out by Pivovarov A. et al (2013). The authors elucidated the potential mechanisms that allow *Ruscus* species to survive in shaded environments prone to pronounced soil drought and studied form-function relationships based on a detailed study of traits for two species of *Ruscus aculeatus* L. and *Ruscus microglossum*, focusing on gas exchange, water regime, morphology, anatomy and nutrient and isotope composition. They then compared these trait values with published data for other species.

Mature plants were used and the measurements were made on the cladodes at the top of the branches.

The analyzed physiological indices have been the photosynthesis intensity, transpiration intensity, cuticular conductance, total water content, the

water types (bound and unbound water), the suction force and the content of pigments.

Photosynthesis, transpiration and stomatal conductance were determined with the portable Lci apparatus.

The total water content was determined gravimetrically by drying the plant material at the oven at 105 °C. The water forms (bound and unbound) were determined by the Artihovski method (Boldor O., 1983).

The suction force of the parenchyma was determined by immersing equal portions of leaves in solutions with different concentrations of sucrose, determining the isotonic solution and enforcing Avogadro's law (Boldor O., 1983).

The quantity of chlorophyll pigments from the cladodes has been determined with the Minolta chlorophyll Meter.

RESULTS AND DISCUSSION

In the pedo-climatic conditions of the Corcova area, in the analyzed plants, the highest value of the intensity of photosynthesis (9.16 $\mu\text{mol}/\text{m}^2/\text{s}$) was recorded in July at a photosynthetically active radiation value of 1003 $\mu\text{mol}/\text{m}^2/\text{s}$ and a cladode temperature of 29⁰ C

At approximately the same values of light intensity and temperature, in the months of August and September, the values of the intensity of photosynthesis were lower, but the differences were insignificant (8,91 $\mu\text{mol}/\text{m}^2/\text{s}$, 8,56 $\mu\text{mol}/\text{m}^2/\text{s}$ (figure 5).

The diurnal variation of photosynthesis measured in July followed an upward curve until around 11 a.m., then it remained almost constant until 6 p.m., after which it began to decrease, and stopped at 8 p.m. In August, the highest value was recorded at 10 a.m. Diurnal variation of photosynthesis measured in the middle of September in a period characterized by severe drought indicated relatively constant values throughout the day, with a maximum of 8.23 $\mu\text{mol}/\text{m}^2/\text{s}$ at 10 a.m. at a photosynthetically active radiation value of 931 $\mu\text{mol}/\text{m}^2/\text{s}$ (figure 6).

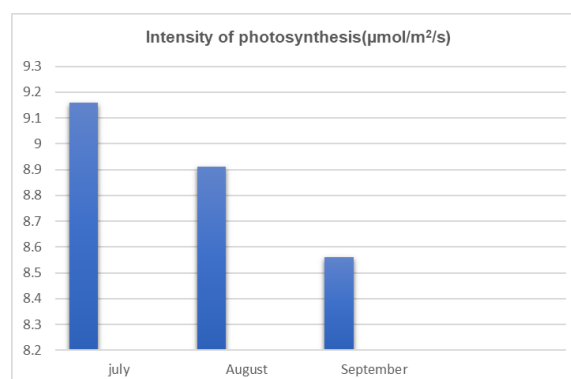


Figure 5. Maximum values of photosynthesis of cladodes of *Ruscus aculeatus* in the three months of determinations ($\mu\text{mol}/\text{m}^2/\text{s}$)

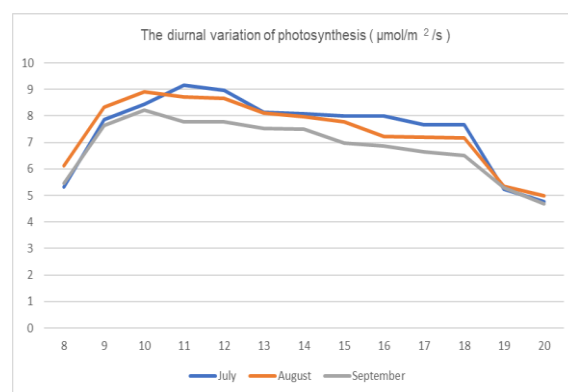


Figure 6. The diurnal variation of photosynthesis measured in three months of determinations ($\mu\text{mol}/\text{m}^2/\text{s}$)

The diurnal variation of cuticular conductance follows approximately the same curve as that of photosynthesis, being reduced throughout the period of determinations (figure 7). Low values of cuticular conductance help to maintain water in plant but prevent the entry of carbon dioxide into the assimilating cells. This is how the low values of photosynthesis in this species can be explained.

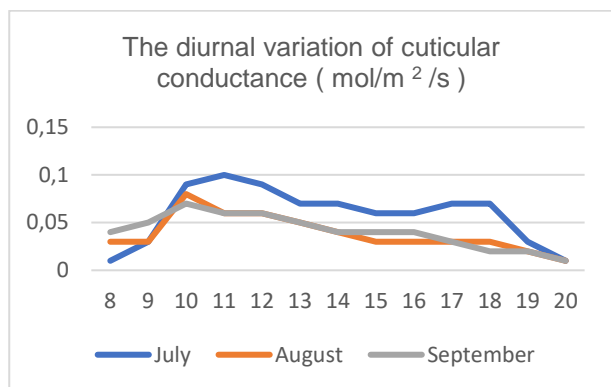


Figure 7. Diurnal variation of the cuticular conductance (mol/m²/s) in cladodes of *Ruscus aculeatus* during the three months of determinations

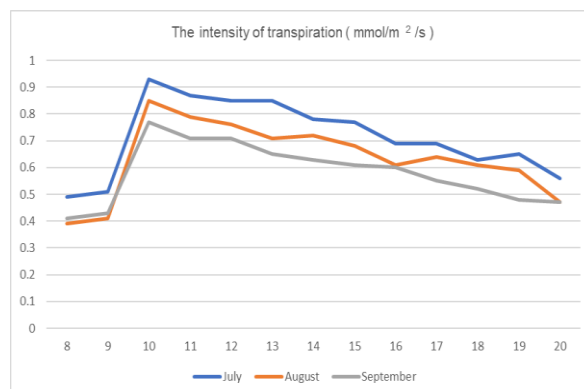


Figure 8. Diurnal variation of the transpiration intensity (mmol/m²/s) in cladodes of *Ruscus aculeatus* during the three months of determinations

According to several authors (Roberts et al. 1984; Waring and Schlesinger 1985; Wherley and Sinclair 2009) cited by Gobin L. et al (2015), stomatal conductance decreases when the vapor pressure deficit increases.

The effect of drought on plants is complex and plants respond with many protective adaptations. During drought, plants suffer from dehydration of cells and tissues, as well as a considerable increase in body temperature. Drought does not only affect plants in different ways. Various ecological groups or even individual species have different types of drought responses (Henckel P.A, 1976).

Drought affects both tree hydraulics and C balance because trees, as with all vascular plants, respond to decreasing soil water availability with stomatal closure, thereby reducing C assimilation rates. Consequently, long-lived plants such as trees might be forced into a negative C balance, by mobilizing stored C to fulfill metabolic needs, until reserves are eventually depleted (Sala et al., 2010). In correlation with the cuticular conductance, the intensity of transpiration has low values with small variations throughout the day (figure 8). It is interesting that in general shade plants have high cuticular transpiration, but in the case of the species *Ruscus aculeatus* this particularity does not exist.

The total water content of the cladodes remained constant during the determinations, being on average 65% for all terminal branches with variations of a maximum of one percent (figure 9).

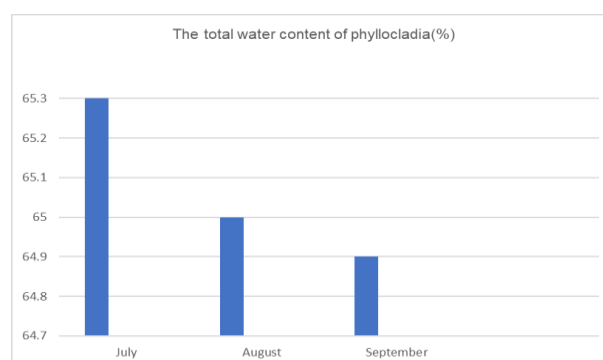


Figure 9. Total water content of cladodes (%) during the three months of determinations

The determination of the percentages of free and bound water in the cladodes indicates that *Ruscus aculeatus* presents high values of the percentage of bound water to ensure survival in conditions of water stress (figure 10).

This adaptation, correlated with reduced transpiration, allows plants to survive when the amount of water in the environment is minimal.

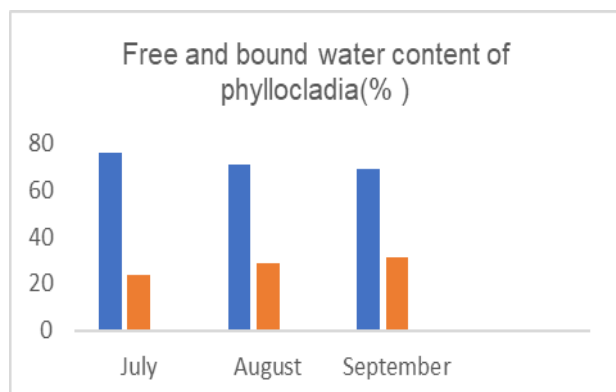


Figure 10. Free and bound water from cladodes (percentages of total water)

The suction force of *Ruscus aculeatus* rhizomes has high values, on average 23 atm (figure 11). This particularity, which is based on an increase in the concentration of cellular juice, is very important because it ensures the absorption and ascent of water in the plant's body in the conditions of a dry soil.

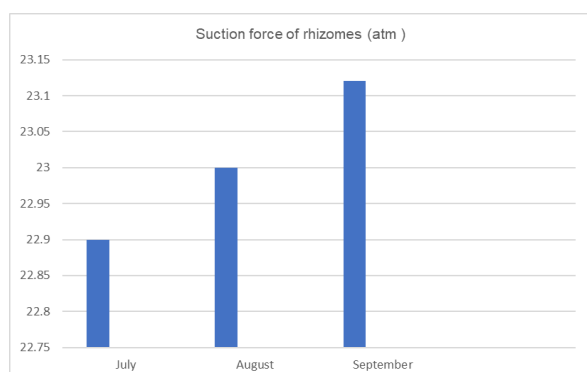


Figure 11. The suction force of *Ruscus aculeatus* rhizomes (atm)

The content of chlorophyll pigments does not show significant variations during the three months of determinations and has an average value of 48.5 SPAD in July, 48.5 in August and 51.3 in September for the cladodes at the top of the plants (figure 12).

The slightly higher value of the chlorophyll content in August and then in September is due to the maturation of the cladodes and the physiological accumulation of a larger amount of pigments.

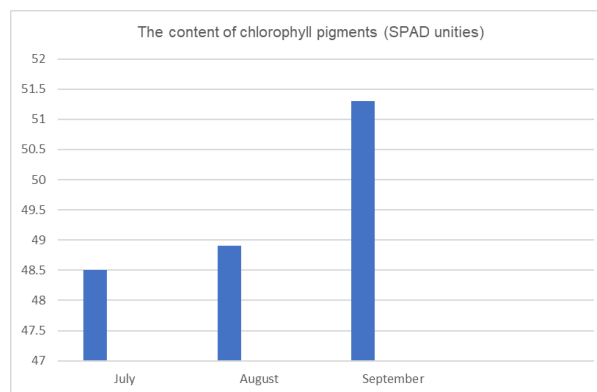


Figure 12. The content of chlorophyll pigments (SPAD unities)

CONCLUSIONS

In the climatic conditions of the S-W area of Romania, *Ruscus aculeatus* has adapted perfectly to soil drought and low atmospheric humidity. The mature specimens found in the Corcova area - Mehedinti county show small variations in the physiological parameters during the day, but also during the three months of determinations. The photosynthesis values are reduced, in correlation with the cuticular conductance values, but the reduced transpiration and high suction force, as well as the high percentage of bound water ensure the survival and growth of plants in these conditions.

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